Spring Session:

Movement Metamorphosis

a 5-week workshop series using movement and dance to open to change from within.

Biodanza facilitated by Mirjam Krohne

Five Saturdays, April 22 – May 20, 2017

12-2 pm

Studio FAB 2525 Telegraph Ave
Oakland, CA 94612

CLAWS is a workshop series in Oakland that aims to create a laboratory where we can:
• experiment with new forms of collaboration using writing, theater and movement arts.
• explore how race, class and gender oppression can be resisted and transformed.
• work with one another inside and outside of sessions to create performance, story, and movement that can energize and liberate—personally and socially.
• create a community of reflection, performance and action.

Biodanza is a radical worldwide system that wakens our potential to live life fully.
It does this by playfully unblocking five human potentials: vitality, sexuality, affection, creativity, and transcendence. Through facilitated exercises in authentic movement, music, and touch, Biodanza uses the collective power of the group to create an environment where we can safely explore expanding our boundaries in a community of co-creators.

Mirjam Krohne graduated in 2012 from the SF school of Biodanza and has been facilitating Biodanza ever since. She creates customized classes for adults as well as youth, children and families.

REGISTER AT

www.reimaginerpe.org/claws
or use form on reverse of this flyer
Founded 25 years ago to give voice to the environmental justice movement, Race, Poverty & the Environment (RP&E) has evolved into a unique journal that brings together activists, organizers, academics, and policy-makers in its pages.

- Reimagine! focuses a race, class and gender lens on core issues of justice and survival.

- RP&E’s editorial mix and its commitment to pluralism make its coverage both deep and uniquely multi-faceted.

- Reimagine! organically links activists and media-makers to amplify our voices, strengthen our connections and deepen our cross-movement analysis.

- RP&E provides for new levels of community engagement through an interactive editorial process that supports veteran journalists and newcomers alike.

Subscribe or register online at www.reimaginerpe.org

Collaborative Liberation Arts Workshop Series (CLAWS)

Write checks to Movement Strategy Center; Reimagine! in memo. Mail to Reimagine! c/o MSC • 436 14th St. Fifth Floor • Oakland, CA 94612

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Registration for Movement Metamorphosis
www.reimaginerpe.org/claws
Discount rate: $75 with early registration or Reimagine! membership
Series rate: $110 payable at the first class
Sponsor rate: $250 receive a year subscription and recognition in print and online in RP&E
Per session: $25 class: payable at the door
Contact reimaginerpe@gmail.com for sliding scale information (No one turned away).

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“The time has come for us to reimagine everything. ...to reimagine work and go away from labor. ...to reimagine revolution and get beyond protest. ...to think not only about change in our institutions, but changes in ourselves. — Grace Lee Boggs

Movements Making Media

www.reimaginerpe.org